

# Vitamin B<sub>12</sub> (Cyanocobalamin)

## What is Vitamin B<sub>12</sub>?

Vitamin B<sub>12</sub> is given to patients who have low vitamin B<sub>12</sub> levels and low red blood cells.

## How Is It Given?

- tablets by mouth
- by muscle injection (intramuscular injection)
- by injection just under the skin (subcutaneous injection)

## What Side Effects May Occur?

This is a partial list of the side effects you may have with this medicine. You may have some, all or none of those listed, or you may have other side effects not listed. Most side effects last only a short time.

### Common:

- itching
- diarrhea
- injection site discomfort

## Special Notes

- Do not take this medicine if you have an allergy to vitamin B<sub>12</sub>.
- Tell your doctor if you are pregnant or breastfeeding.
- Your vitamin B<sub>12</sub> levels will be need to be checked while you take this medicine.
- If you will receive this medicine at home, you should:
  - Keep medicine out of reach of children and pets.
  - Store the medicine at room temperature out of direct light.

## When To Call Your Doctor

You should call your doctor if you have:

- hives
- problems breathing
- tightness in your chest.

Talk with your doctor, nurse or pharmacist if you have any questions about this medicine.