

Videostroboscopy

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Videostroboscopy is a special exam of your vocal cords.

Your vocal cords vibrate too fast to be seen by the “naked eye.” A videostroboscopy uses a strobe light to create a slow motion picture of your vocal cords in action.

This exam allows your health care provider to see what’s wrong with your vocal cords and work with you on how to care for your voice.

The appointment takes about 90 minutes.

Before the Exam

- You do not need to prepare.
- You may eat and drink as you wish.
- You can drive yourself to and from the exam.
- Please arrive 15 minutes early to fill out any paperwork.



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A scope placed in your mouth or nose will show your vocal cords on a computer screen.

Appointment Information

A health care provider’s order is needed before an appointment can be scheduled. Someone at your clinic will need to fax the order to 612-262-7860.

A scheduler will call you. You may also call 612-262-7900.

During the Exam

- The health care provider will talk with you about the exam.
- You may receive a numbing medicine in your mouth or nose for your comfort.
- The health care provider will insert the scope into your mouth. The scope:
 - does not go down your throat
 - is not painful.
- The health care provider may also gently insert a thin, flexible scope through your nose to look at your vocal cords.
- The images from the scope(s) are seen on a computer screen and recorded.
- The scope will be in your mouth or nose for just a few minutes before it is removed.

After the Exam

- Your health care provider will review the results with you.
- They will talk with you about treatment options.