

How to Keep From Falling When You Have Continuous Femoral Infusion for Pain Relief After Knee Replacement

Medicine Used To Reduce Your Pain

You have had a total knee replacement. To help manage your pain, your health care team will give you a special kind of medicine.

The medicine is given through a catheter (thin tube) that is inserted through your groin and into your femoral nerve. The medicine is released into the nerve and the numbing effects travel down to your knee.

This is known as a continuous femoral infusion.

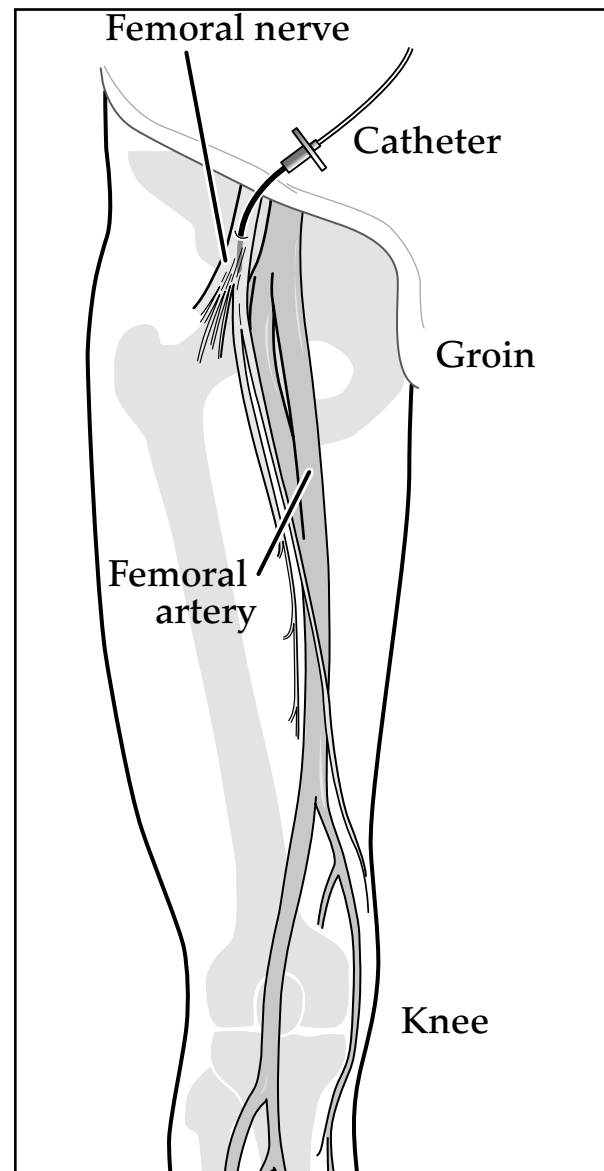
This treatment reduces your feelings of pain. It will also cause your leg to be weak. Your knee could buckle or “give out” while you are standing or walking.

Your leg may be numb, tingle, feel heavy, or feel warm. You may also have trouble moving your leg.

How To Keep From Falling

- For your safety **any time** you stand or walk:
 - ask a member of health care team to be with you
 - wear your knee immobilizer
 - use a walker or crutches.
- Wear a transfer belt when a member of your health care team gets you up from bed.

If you have any questions or concerns, please ask your doctor or nurse.



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A catheter will be inserted into your femoral nerve through your groin.