

# How to Prepare for Your In-home Visit From Allina Health Home Health

## COVID-19 and Safety

Your health and safety are the top priorities of Allina Health Home Health. Every step possible will be taken to keep you safe and reduce the spread of coronavirus (COVID-19).

Staff member(s) will wear face masks (or half face respirators), a face shield or other eye protection, and may use an electronic device to help communicate.

You are safe with any member of the Allina Health Home Health team. They follow these safety guidelines:

- COVID symptom screening
- use of face masks and eye protection
- physical distance
- COVID testing that follows state and Centers for Disease Control and Prevention guidelines.

Health systems are not currently allowed to require a vaccine for employees. A vaccination is not an option for everyone for a variety of reasons such as medical conditions.

## In-home Safety Guidelines

To make sure your in-home visit is as safe as possible, follow these guidelines:

- Wear a cloth mask or protective face covering during the visit. The mask should:
  - fit snugly and comfortably against the side of your face
  - be secured with ties or ear loops
  - include more than 1 layer of fabric (You can wear 2 masks.)
  - let you breathe easily.
- An Allina Health Home Health staff member will give you a mask if you don't have one.
- You will need to wear a mask during the entire visit.

## During the Visit

- You will be asked a few questions about your possible exposure to COVID-19.
- Staff member(s) will use hand sanitizer before caring for you.
- Staff member(s) may also use a tablet or electronic device to communicate with you.
- Limit the number of people in the room to only those who are needed to help with your care. Talk with your health care team if you have questions or concerns.
- Anyone else in the room with you will need to wear a mask during the entire visit.