

Nerve Block Pain Relief Log



Allina Health

UNITED
HOSPITAL

For Staff Use Only

SIS# 1 2 3

MBFNB IA FACET

LEVELS _____

Innervates Joints

Code M L

Right Left

Nerve Root

LEVELS _____

IA SIJ & IOL

DX

TX

AGENT _____

DOSE _____

LB NB

L5 through S3

Covering Posterior

Innervation to SI Joint

NAME, DOB, MRN

patient sticker

How to Use the Log

- Put check marks in the boxes that best describe your level of pain relief.
- Keep putting check marks until your level of pain is at its usual level (when the nerve block has worn off).

What to Do With the Log

Within 24 hours of filling out the log, send it to Endoscopy Department, United Hospital, 333 North Smith Ave., St. Paul, MN 55102.

Name: _____

Date: _____

NAME, DOB, MRN

patient sticker

Time of day	100% Totally gone	80% Pretty much gone	50% Somewhat gone	20% Barely gone	0% Usual level
8 a.m.					
8:15 a.m.					
8:30 a.m.					
8:45 a.m.					
9 a.m.					
9:15 a.m.					
9:30 a.m.					
9:45 a.m.					
10 a.m.					
10:15 a.m.					
10:30 a.m.					
10:45 a.m.					
11 a.m.					
11:15 a.m.					
11:30 a.m.					
11:45 a.m.					

NAME, DOB, MRN

patient sticker

Time of day	100% Totally gone	80% Pretty much gone	50% Somewhat gone	20% Barely gone	0% Usual level
Noon					
12:15 p.m.					
12:30 p.m.					
12:45 p.m.					
1 p.m.					
1:15 p.m.					
1:30 p.m.					
1:45 p.m.					
2 p.m.					
2:15 p.m.					
2:30 p.m.					
2:45 p.m.					
3 p.m.					
3:15 p.m.					
3:30 p.m.					
3:45 p.m.					

NAME, DOB, MRN

patient sticker

Time of day	100% Totally gone	80% Pretty much gone	50% Somewhat gone	20% Barely gone	0% Usual level
4 p.m.					
4:15 p.m.					
4:30 p.m.					
4:45 p.m.					
5 p.m.					
5:15 p.m.					
5:30 p.m.					
5:45 p.m.					
6 p.m.					
6:15 p.m.					
6:30 p.m.					
6:45 p.m.					
7 p.m.					
7:15 p.m.					
7:30 p.m.					
7:45 p.m.					

NAME, DOB, MRN

patient sticker

Time of day	100% Totally gone	80% Pretty much gone	50% Somewhat gone	20% Barely gone	0% Usual level
8 p.m.					
8:15 p.m.					
8:30 p.m.					
8:45 p.m.					
9 p.m.					
9:15 p.m.					
9:30 p.m.					
9:45 p.m.					
10 p.m.					
10:15 p.m.					
10:30 p.m.					
10:45 p.m.					
11 p.m.					
11:15 p.m.					
11:30 p.m.					
11:45 p.m.					
midnight					

NAME, DOB, MRN

patient sticker



Allina Health

UNITED
HOSPITAL

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