

Exemestane (Aromasin®)

What is Exemestane?

Exemestane is a medicine that decreases estrogen levels in your body. It is used to treat breast cancer in post-menopausal women.

How Is It Given?

- tablet by mouth

What Side Effects May Occur?

This is a partial list of the side effects you may have with this medicine. You may have some, all or none of those listed, or you may have other side effects not listed. Most side effects last only a short time.

Common:

- hot flashes

Less common:

- hair loss
- high blood pressure
- increased sweating
- stomach pain
- nausea (upset stomach)
- bone pain
- trouble sleeping
- fatigue (decreased energy, and weakness)

Special Notes

- You may have increased bone and tumor pain early on. This won't last long and usually ends if the therapy is continued.
- Most medicines may be taken with exemestane. However, check with your doctor before changing other medicines you are taking.
- Because exemestane decreases estrogen levels in your body, you may be at increased risk for osteoporosis (weak, brittle bones). You may want to talk to your doctor about taking calcium and other measures you can take to protect your bones.
- Use effective birth control while you are taking this medicine. If you are pregnant, talk to your doctor before starting this medicine.
- Do not stop taking exemestane without first talking with your doctor.

When To Call Your Doctor

You should call your doctor if you have:

- shortness of breath
- thoughts of suicide or harming yourself
- heavy or abnormal vaginal bleeding.

Talk with your doctor, nurse or pharmacist if you have any questions about this medicine.