

Venogram

Before the Exam

- Tell the technologist if you:
 - have had a contrast reaction
 - have an allergy to iodine
 - are breastfeeding, pregnant or think you may be pregnant
- Do not eat or drink anything 4 hours before the exam.
- You will wear a hospital gown.

During the Exam

- You will lie on your back on an X-ray table.
- The doctor, nurse or technologist will insert an IV (intravenous) line into your foot, arm or groin.
- The doctor will insert the contrast through the IV so your veins can be seen on the X-rays.
- The X-ray table may be tilted at different angles.
- The exam takes 45 to 60 minutes.

Your Health Care Provider

Name: _____

Phone number: _____

After the Exam

- Drink lots of liquids.
- You may return to your normal activities.
- Call your doctor's office for results in 3 to 5 days.

Call your hospital's Radiology Department if you have any questions about your preparation or the exam.