

Urinary Catheter Video Library

HealthClips™ Video Library: allinahealth.healthclips.com



- Open your smart phone's camera.
- Hold the phone over the QR code.
- Click on the yellow link.
- Click on the video.

Use the QR code at left to access the entire video library.

■ What is a Urinary Catheter?





Watch this <u>video</u> to learn how a urinary catheter works to help empty your bladder when you can't do it on your own.

☐ Your Care at Home: Caring for Your Urinary Catheter





Watch this <u>video</u> to learn how to clean and care for your urinary catheter.

☐ Living with Your Urinary Catheter





Watch this <u>video</u> to learn how to live a healthy life and how to keep your urinary catheter clean and infection free.