

Airborne Precautions for Tuberculosis for You and Your Visitors

Airborne Precautions

You have been placed on special airborne precautions because the infection could be spread to others through germs that are carried through the air.

The following procedures will be taken to help prevent the spread of the illness to others.

During Your Hospital Stay

- You will be in a private room with special ventilation.
- A sign will be placed on your door to alert those who enter your room.
- Your door must stay closed at all times.
- Caregivers will wear special respiratory protection.

Precautions for You

- Stay in your room.
- Cover your mouth and nose with a tissue when you cough or sneeze. Put the tissues in the trash.
- Cleanse your hands with hospital-approved hand sanitizer or soap, especially after coughing, handling used tissues, and removing your mask.
- Leave your mask on when a member of your health care team is in your room.

- If you must leave your room, you will need to wear a mask. The mask must cover your nose and mouth.

Precautions for Your Visitors

- Limit visitors to only those needed to support you during your illness.
- Children should not visit, especially those ages 4 years or younger.
- Your visitors need to check with a nurse before entering your room.
- Visitors must wear masks while visiting you. The nurse will give them masks to wear. The masks are needed to prevent your visitors from breathing in germs. Visitors must wear their masks the entire time they are in your room.
- Place a mask over your nose and mouth. Adjust the strap and position at the back of your head to lessen gaps at the sides of the mask. Press the nose clip over your nose.
- After leaving your room, visitors must:
 - throw away their mask in the trash
 - wash their hands with hospital-approved hand sanitizer or soap and water
 - pick up and wear a new mask.