

# Home Infusion Emergency Plan

## Being Prepared for Emergencies

Managing your home infusion needs can be more challenging during an emergency such as a:

- major storm
- loss of electricity
- need to leave (evacuate) your home.

Making a plan will help you be prepared to manage your home infusion needs even if an emergency occurs.

## Supplies to Have on Hand

Make sure you have the following items on hand at all times.

- at least a 1-week supply of all of your medicines
- supplies to give your medicines:
  - saline and heparin flushes
  - alcohol wipes
- SASH Method teaching mat
- at least a 3-day supply of bottled water
- at least a 2-day supply of ready-to-eat foods such as:
  - canned tuna or tuna in a pouch
  - canned beans
  - crackers
  - nuts or nut butters
  - high-fiber or high-protein bars
  - dried fruit

- first aid supplies such as:
  - bandages
  - cotton swabs
  - antibiotic ointments
- extra clothing
- cell phone charger
- extra AA batteries (if you are using a pump)
- infusion pump charger
- flashlight and extra batteries
- cash

If your medicines need to be kept in the refrigerator, you will also need to keep the following items on hand.

- cooler
- reusable cold packs (Do **not** use dry ice.)

**Important:** Do **not** freeze your medicines.

## Information to Keep on Hand

Make sure to keep the following information on hand at all times.

- a list of each of the following:
  - other medical problems (conditions)
  - allergies
  - any surgeries you've had
  - current medicines (prescription, over-the-counter, herbals, vitamins and other supplements) with the dose and time you take them

**(over)**

- your pharmacy information:
  - name
  - address
  - phone number
- your health care provider's information:
  - name
  - address
  - phone number
- phone numbers and email addresses for your family, friends and a work contact
- copy of your health insurance card
- copy of your photo identification (ID) card

### **Whom to Call With Questions**

Call your home care nursing agency or home infusion pharmacy if you have questions or concerns.

### **Important**

Tune into your local radio or television station for updates in an emergency.