

- 1. Wash hands or use hand sanitizer
- 2-3. Open glove package completely, "like a book". Do NOT touch inside of package.
- 4. Using thumb and index finger of left hand, grab the folded edge of glove right. Place right hand into the glove.
- 5. Pull glove completely onto the right hand. Do not adjust cuff.
- 6-7. Place right hand fingers into cuff of the left glove and pick up off the paper.
- 8-10. Pull glove onto the left hand, lift up the right thumb being careful not to touch onto your skin. Stretch glove out and let it go.
- 11. Adjust gloves by touching ONLY the fingers. DO NOT adjust the cuffs at the wrist.