

Irregular Heart Rhythm Video Library

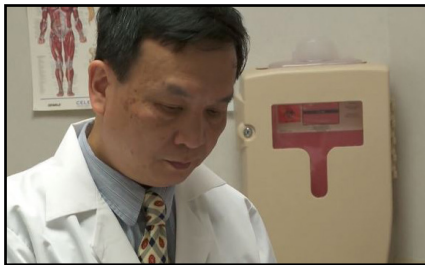
HealthClips™ Video Library: allinahealth.healthclips.com



- Open your smart phone's camera.
- Hold the phone over the QR code.
- Click on the yellow link.
- Click on the video.

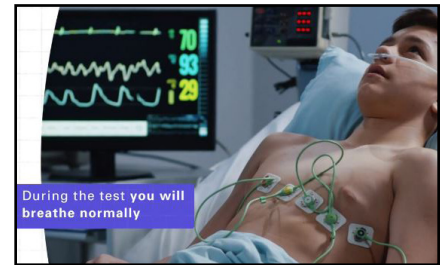
Use the QR code at left to access the entire video library.

Diagnosing Irregular Heart Rhythms



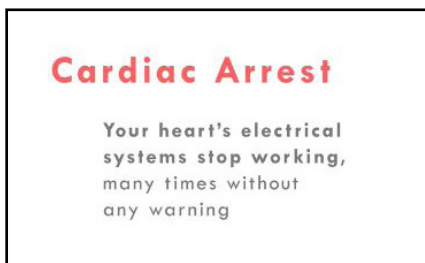
Watch this [video](#) to learn about different types of irregular heart rhythms, signs and symptoms, and how they are diagnosed.

What is an ECG?



Watch this [video](#) to learn what an electrocardiogram (ECG) is, how it works, and why it might be used.

Cardiac Arrest



Watch this [video](#) to learn what cardiac arrest is, the risks for it, and what you should do if you someone is having cardiac arrest.

Antiarrhythmic Medications



Watch this [video](#) to learn how to safely take antiarrhythmic medicines.

(over)

❑ Premature Ventricular Contractions



Watch this [video](#) to learn about premature ventricular contractions and the effect they can have on your health.

❑ Sinus Bradycardia



Watch this [video](#) to learn how a heart that beats too slowly causes problems, how it's diagnosed, and what treatments can help.

❑ Supraventricular Tachycardia: Types



Watch this [video](#) to learn how a heart that beats too fast causes problems, how it's diagnosed, and what treatments can help.

❑ Atrial Fibrillation



Watch this [video](#) to learn what happens when the upper chambers of the heart don't pump normally and how you can manage it.

❑ Atrial Flutter



Watch this [video](#) to learn what happens when the upper chambers of the heart beat too fast, and how it can be treated.