

Laryngoscopy and Bronchoscopy

After Visit Summary

This is general information. Please see your After Visit Summary for how to take care of yourself after surgery.

Your health care team will work with you to understand any challenges you have after your hospital stay. This will help your team work toward a plan to make sure you have the right care and support to help manage your health after you leave the hospital.

Your Procedure

- A laryngoscopy is a procedure in which the doctor looks at your larynx through a scope. Your larynx is your voice box.
- A bronchoscopy is a procedure in which the doctor looks at your trachea and bronchial tubes through a scope. Your trachea is your windpipe.

What to Expect After Your Procedure

- Please try not to cough or whisper as directed by your doctor.
- You may have a sore throat. This is normal.

Before the Procedure

- Tell your health care provider if you:
 - are pregnant
 - have a latex allergy
 - have diabetes
 - take a blood-thinner medicine.
- Remove any jewelry or piercings.
- Arrange to have someone drive you home. You will not be able to drive after the surgery.

Pain Relief

- Take any prescription or over-the-counter medicine as directed.

Activity

- Return to your work and activities according to your doctor's directions.
- Alternate rest with activity.
- Avoid smoking.

Food and Beverages

- Eat well-balanced meals. Follow any instructions your health care provider gave you.
- Avoid alcohol while you are taking prescription pain medicine.

When To Call Your Pulmonologist

Call your pulmonologist if you:

- have a temperature higher than 101 F
- have bleeding that gets worse (You may cough up of bloody mucous if you had a biopsy. Call or go to an Emergency Department if you have more than a mouthful of blood.)
- sudden chest or abdominal pain
- breathing including sudden or unusual shortness of breath
- have any questions or concerns.

If you are having an emergency, call 911 or go to an Emergency Department.

Follow-up Appointment

Please keep all follow-up appointments with your health care provider or specialist, even if you are feeling well.