

Register for an Advance Care Planning Class

Make Your Health Care Choices Known

Advance care planning gives information about your health care choices to others if you can't communicate due to illness or injury.

A health care directive is a written document of your health care choices. Members of your care circle (family or friends) and health care team use this to understand your wishes, goals and values for future health care needs.




You do not need an attorney to fill out a health care directive.


You can change your document at any time.




Free Class

classes to help you get started or update a health care directive.

 Allina Health
Bandana Square Clinic
Depot conference room
(Use the Urgent Care entrance off Energy Park Drive.)

 **Wednesdays, 6 to 7:30 p.m.:**

- Jan. 11
- March 8
- May 10
- July 12
- Sept. 13
- Nov. 8

 Register by sending an email to patienteducation@allina.com.



Scan the QR code with your phone.

 Learn more about health care directives at allinahealth.org/acp.