

# Inhaled Corticosteroids



I am taking \_\_\_\_\_.

**Inhaled corticosteroids** are a maintenance medicine used to treat airway inflammation. Signs of airway inflammation include wheezing, coughing, shortness of breath.

Common side effects include:

- mouth irritation or soreness (You can avoid by rinsing your mouth after use.)

Tell your nurse or doctor right away if you have any of the side effects listed above.

Write down any questions you have about taking this medicine.

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Talk about these questions with your pharmacist, doctor or nurse.