

How to Change a Jejunostomy Tube (J-tube) Dressing

Option 1

Step 1

- ❑ Gather your supplies:
 - ❑ 1 drain sponge
 - ❑ 1-inch silk tape
- ❑ Wash your hands.



Step 2

- Put 1 drain sponge under the bumper of the feeding tube.



Step 3

- Fold the first side of the drain sponge inward toward the bumper.
- Cover the bumper completely.



Step 4

- Fold the other side of the drain sponge inward toward the bumper.
- Cover the bumper completely.



Step 5

- Use 2 pieces of 1-inch silk tape to secure the dressing.
- The tape should touch the tube part of the J-tube. You should not see the bumper.

Notes

- Members of your health care team will show you how to change a jejunostomy tube (J-tube) dressing.
- Keeping the J-tube secure will help you feel more comfortable. It will also help keep the J-tube from moving or leaking.
- Follow any directions you receive from your surgeon.



Step 6

- Put a piece of 1-inch silk tape on the loose tubing.

How to Change a Jejunostomy Tube (J-tube) Dressing

Option 2

Step 1

- Gather your supplies:
 - 1 drain sponge
 - segmented Medipore™ tape
- Wash your hands.



Step 2

- Put 1 drain sponge under the bumper of the feeding tube.



Step 3

- Fold the first side of the drain sponge inward toward the bumper.
- Cover the bumper completely.



Step 4

- Fold the other side of the drain sponge inward toward the bumper.
- Cover the bumper completely.



Step 5

- Use 3 segments of tape to secure the dressing.
- The tape should touch the tube part of the J-tube. You should not see the bumper.

Notes

- Members of your health care team will show you how to change a jejunostomy tube (J-tube) dressing.
- Keeping the J-tube secure will help you feel more comfortable. It will also help keep the J-tube from moving or leaking.
- Follow any directions you receive from your surgeon.



Step 6

- Secure the loose tubing with another segment of tape.