

# Chapter 7: Transplant Clinic Follow-up Appointments and Labs

## Preparing for Transplant Clinic

When you are ready to go home from the hospital after transplant surgery, a transplant coordinator will give you information about your first follow-up clinic appointment.

At your first follow-up visit, the Transplant Clinic nurses will give you directions about future clinic visits. In general, you can expect to go to the clinic 3 times a week for the first several weeks after the transplant. Your schedule may change based on your needs.

All follow-up visits and lab checks are important. Please keep all appointments, even if you are feeling well. If your body is rejecting the kidney, the first sign will likely be found in your lab results. By the time you are not feeling well, the rejection could be severe and difficult to treat.

Time After Transplant	Number of Clinic Visits, Lab Draws or Both
discharge to 4 weeks	2 to 3 times a week
4 to 12 weeks	1 to 2 times a week
3 to 6 months	1 time a week to 1 time every 2 weeks
6 to 12 months	1 time a month
1 to 2 years	every 2 months
more than 2 years	every 3 months

**In time, your clinic appointments will be more spread out and less often. It's important to follow your lab schedule. Call your transplant coordinator if you are unsure if you need labs.**