## How To Wash Your Skin With Hibiclens® Soap Before Your Heart Surgery

## **General Information**

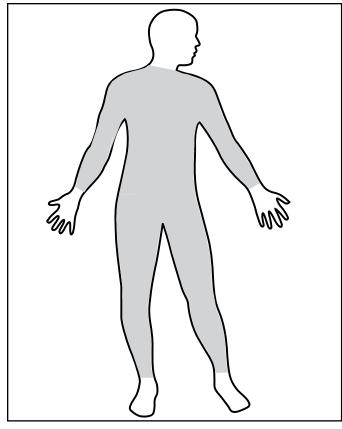
Washing your skin with Hibiclens removes most of the bacteria that normally is found on your skin. This also helps prevent infection at the incision site.

You will need to take **2** showers or baths before surgery. You have been given 2 containers of Hibiclens to use. Please use 1 container in the evening before surgery and 1 container on the morning of surgery before you come to the hospital.

## What To Do

Please follow these steps:

- 1. The evening before surgery, shampoo your hair and take a shower (or bath) using your usual soap and shampoo.
- 2. Gently use the Hibiclens as instructed by your nurse. Note: Hibiclens does not foam or make suds.
- 3. Wash the areas shown in the picture (at the right) for a total of 5 minutes.
- 4. Avoid getting Hibiclens in your eyes or ears.
- 5. Rinse well. Pat dry with a clean towel.
- 6. Do not apply skin lotions, oils, powders, perfumes or deodorant.
- 7. The morning of surgery take another shower or bath. Repeat steps 2 through 6. You do not have to shampoo.



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Areas to wash with the Hibiclens soap.