

Adult Vaccination Guidelines

Vaccines Help Keep You Healthy

Take an active part in planning your health care by knowing what vaccinations you need and when to get them. Vaccines can protect you from common diseases and illnesses.

Talk with your health care provider if you have any questions about your health.

See below for the recommended schedule and page 2 for QR codes to the Vaccine Information Statements.

Vaccine	Age	How Often
Influenza	<ul style="list-style-type: none"> ■ 18 years and older 	<ul style="list-style-type: none"> ■ Every year.
COVID-19	<ul style="list-style-type: none"> ■ 18 years and older 	<ul style="list-style-type: none"> ■ One-time dose every year
Tetanus booster (Td or Tdap)	<ul style="list-style-type: none"> ■ 18 years and older 	<ul style="list-style-type: none"> ■ After 1 dose of Tdap starting at age 11 years, have a Td or Tdap every 10 years.
Human papillomavirus vaccine (HPV)	<ul style="list-style-type: none"> ■ 18 years to 26 years ■ 27 to 45 years based on discussion with your provider 	<ul style="list-style-type: none"> ■ One-time 3-dose series: dose 1, dose 2 at one to two months, dose 3 at six months.
Hepatitis B	<ul style="list-style-type: none"> ■ 19 to 59 years ■ 60 years and older if you have risk factors. 	<ul style="list-style-type: none"> ■ One-time 3-dose series: dose 1, dose 2 at one month, dose 3 at six months.
Herpes zoster (RZV) (shingles)	<ul style="list-style-type: none"> ■ 50 years and older <ul style="list-style-type: none"> — Start at age 19 if you have issues with your immune system (immunodeficient or immunosuppressed.) 	<ul style="list-style-type: none"> ■ One-time 2-dose series: dose 1, dose 2 at two to six months.
Pneumonia (PCV)	<ul style="list-style-type: none"> ■ 50 years and older <ul style="list-style-type: none"> — Start at age 19 if you have certain conditions or risk factors. 	<ul style="list-style-type: none"> ■ One-time 1-dose vaccination.
Respiratory Syncytial Virus (RSV)	<ul style="list-style-type: none"> ■ 75 years and older <ul style="list-style-type: none"> — Start at 60-74 if you have certain conditions or risk factors. 	<ul style="list-style-type: none"> ■ One-time 1-dose vaccination.

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Vaccine Information Statements

To learn more about each vaccine, go to immunize.org/vis and choose a vaccine statement.

To read a specific vaccine statement, use the QR codes below.

- Open your smart phone's camera.
- Hold the phone over the QR code.
- Click on the yellow link or click on the video.



Influenza (inactive) vaccine



PCV (pneumonia) vaccine



Influenza (live) vaccine



Td (tetanus, diphtheria) vaccine



Hepatitis B vaccine



Tdap (tetanus, diphtheria, pertussis) vaccine



Herpes zoster (RZV) (shingles)



COVID-19 vaccine



RSV vaccine



HPV (human papillomavirus) vaccine