

# Ulnar Nerve Decompression Surgery

## Ulnar Nerve Decompression Surgery

Your health care provider wants you to have ulnar nerve decompression surgery.

The ulnar nerve is in your elbow area. The nerve helps you feel and move your ring and pinky fingers.

The surgery is a treatment for arm pain, numbness, tingling and weakness caused by pressure or swelling near the ulnar nerve.

## Your Surgery

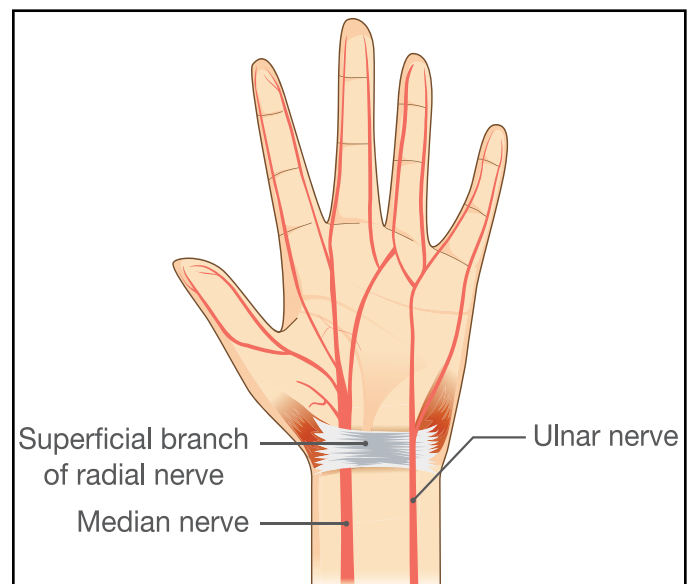
- Your surgeon will make a cut (incision) on your elbow to reach your ulnar nerve. Pressure is released from the ulnar nerve and the nerve is moved so it will no longer be pinched or squeezed.
- Steri-Strips™, which will fall off over time, will be used to close your incision.

## After Surgery

- You will usually go home the same day you had surgery.
- You should have someone with you during the first 24 hours after surgery.
- Keep your hand and arm elevated.
- Try not to use your hand and arm until your surgeon says it is OK to do so.
- Your pain and symptoms may go away right away or it may take a few months for you to completely heal.

## Whom to Call With Questions

Talk with your health care team if you have any questions or concerns.



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**The ulnar nerve helps you feel and move your ring and pinky fingers.**