

Group session schedule

January - February 2012

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|---------------------|---------|-----------------|-------------------------------------|
| Minneapolis | Jan. 2 | 2:30 - 4 p.m. | Abbott Northwestern Hospital |
| Coon Rapids | Jan. 4 | 6:30 - 8 p.m. | Allina Medical Clinic |
| Minneapolis | Jan. 5 | 9:30 - 11 a.m. | Allina Medical Clinic - The Doctors |
| Maple Grove | Jan. 9 | 9 - 10:30 a.m. | Allina Medical Clinic |
| Maple Grove | Jan. 9 | 11 - 12:30 p.m. | Allina Medical Clinic |
| St. Paul | Jan. 11 | 6:30 - 8 p.m. | Aspen Medical Group - Bandana Sq |
| St. Paul | Jan. 11 | 6:30 - 8 p.m. | United Hospital |
| Chaska | Jan. 12 | 9:30 - 11 a.m. | Allina Medical Clinic |
| Minneapolis | Jan. 16 | 2:30 - 4 p.m. | Abbott Northwestern Hospital |
| Woodbury | Jan. 18 | 6:30 - 8 p.m. | Allina Medical Clinic |
| Shakopee | Jan. 24 | 6:30 - 8 p.m. | St. Francis Regional Medical Center |
| Richfield | Jan. 25 | 6:30 - 8 p.m. | Allina Medical Clinic - Woodlake |
| Fridley | Jan. 31 | 6:30 - 8 p.m. | Unity Hospital |
| Coon Rapids | Feb. 1 | 6:30 - 8 p.m. | Allina Medical Clinic |
| Minneapolis | Feb. 2 | 9:30 - 11 a.m. | Allina Medical Clinic - The Doctors |
| St. Paul | Feb. 4 | 9 - 10:30 a.m. | United Hospital |
| Minneapolis | Feb. 6 | 2:30 - 4 p.m. | Abbott Northwestern Hospital |
| St. Paul | Feb. 8 | 6:30 - 8 p.m. | United Hospital |
| Bloomington | Feb. 8 | 6:30 - 8 p.m. | Aspen Medical Group |
| Woodbury | Feb. 13 | 6:30 - 8 p.m. | Allina Medical Clinic |
| Hastings | Feb. 15 | 6:30 - 8 p.m. | Regina Hospital |
| Chaska | Feb. 16 | 9:30 - 11 a.m. | Allina Medical Clinic |
| Cambridge | Feb. 16 | 3 - 5 p.m. | Cambridge Medical Center |
| Inver Grove Heights | Feb. 16 | 6:30 - 8 p.m. | Aspen Medical Group |
| St. Paul | Feb. 18 | 9 - 10:30 a.m. | United Hospital |
| Minneapolis | Feb. 20 | 2:30 - 4 p.m. | Abbott Northwestern Hospital |
| Eagan | Feb. 22 | 6:30 - 8 p.m. | Allina Medical Clinic |
| Maple Grove | Feb. 27 | 9 - 10:30 a.m. | Allina Medical Clinic |
| Maple Grove | Feb. 27 | 11 - 12:30 p.m. | Allina Medical Clinic |
| Plymouth | Feb. 28 | 6:30 - 8 p.m. | Allina Medical Clinic - WestHealth |
| Forest Lake | Feb. 29 | 6:30 - 8 p.m. | Allina Medical Clinic |

OBJECTIVE

Make sure your family knows your goals and values for future health care needs in case illness or injury prevents you from telling them yourself.

COST

Free

REGISTRATION

To register, call 612-262-2224 or 1-855-839-0005 and indicate the session you would like to attend.



**ALLINA HOME &
COMMUNITY SERVICES**

Allina Hospitals & Clinics

Advance Care Planning