

# Courage Kenny Ski and Snowboard Program Participant Frequently Asked Questions

## 1. Who can participate in the program?

The Courage Kenny Ski and Snowboard program is for all individuals with a disability- physical disabilities, cognitive disabilities, visual impairments, hard of hearing, etc. We specialize in providing ski and snowboard lessons with adaptive equipment.

## 2. How do I sign up for the Ski and Snowboard program?

Due to high demand, registration is a **lottery system**. Participants have from October 15-31 to sign up for the lottery and submit all necessary paperwork. During this window of time, NO payment will be taken. Signing up for the lottery is NOT first-come, first-served, and does NOT guarantee an opportunity to participate.

## 3. Where is the link for registration?

On October 15, CKRI staff will email the link to the Lottery Sign Up form and post it on the Courage Kenny Ski & Snowboard Webpage.

# 4. When will I know if I'm in the program?

Official program confirmation emails will be sent out in mid-December. If you are not selected, you will be added to the waitlist and will be notified if a spot opens for the season or a one-time lesson.

## 5. Do we offer one-time lessons?

We offer Learn to Ski/Ride Clinics throughout the winter, which are one-time lessons. Registration for a clinic is also done by a lottery sign up from October 15-31. By signing up for the lottery, it does *NOT* guarantee an opportunity to participate.

# 6. How much does the program cost?

- a. 6 week lessons = \$350
- b. 3 week lessons = \$200
- c. One time lesson = \$75

# 7. How will financial aid and scholarships work within the Lottery System?

Thanks to generous donors, we offer scholarships / cost shares through an application process based on financial need. All approved Cost Share applicants receive 90% off the program fee. No payments are required during the lottery sign-up. Once program confirmations are sent out, we will provide instructions on how to pay if you have an approved scholarship. To apply, complete and submit a **Scholarship / Cost Share application** by December 1.

### 8. I would like to pay for the fee out of my waiver services.

Please notify us at <a href="mailto:ckrisportsrecreation@allina.com">ckrisportsrecreation@allina.com</a> if you would like to bill your waiver services. Waiver services need to be invoice directly for the services provided.

# 9. Do the ski areas offer discounted lift tickets for friends and family?

Yes, most ski areas offer "friends and family" tickets varying in price.



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## 10. What can I expect on my first day of the program?

A "what to expect" your first day will be included in your confirmation package. You will be matched with well-trained volunteer instructors.

11. What are the steps that will be taken if someone in the program finds out they have Covid? Notify the site coordinator immediately if symptoms or known exposure with COVID have occurred. Please stay home if you are sick.

### 12. Will there be a waitlist?

Yes, there is an overall waitlist, and a site-specific waitlist based on your preferences. If you are on the waitlist, you will be notified if a spot opens up for the season or a one-time lesson.

## 13. Will participants be allowed to give preferences to more than one location?

YES! When signing up for the lottery, you can provide 1<sup>st</sup> and 2<sup>nd</sup> preference based on location and time. If you have flexibility as to location and time, please select you're willing to do any site.

## 14. Will there be assistance for transferring in and out of the sit ski?

We encourage caregivers to help with transfers. We are able to get you in/out on snow safely once out on the hill. We will take precautions as able.

## 15. Do we need doctor's signatures on forms?

No, we do not require a doctor's signature for registration. However, we do encourage you to speak to your healthcare provider as to if this would be a good fit for you. There are only a few exceptions to requiring a physician signature.

**16.If I decide not to participate this season, will I be able to participate next year? Will I still get all the communications?** Yes, you can sign up for the lottery next year and will remain on all communications unless you tell us otherwise.

#### 17. Are there accessible restrooms available at the Ski Areas?

Yes, the restrooms in chalets are accessible.

### 18.I know someone interested in volunteering. How do they sign up?

We are always in need of volunteers! Please have them contact us at <a href="mailto:ckriskisnowboard@allina.com">ckriskisnowboard@allina.com</a> to get started. More volunteer information can be found at: <a href="mailto:allinahealth.org/skivolunteer">allinahealth.org/skivolunteer</a>

### 19. Can a family member or friend be our volunteer instructor and be on our lessons?

We would love to have your family member or friend to be a part of the program. We cannot make any promises they would be assigned to your specific lesson unless there is a specific medical need to have a caregiver or PCA along on your lesson. Please contact the Program Specialist for additional information.