

Discover Abilities Expo Presentations & Demo Schedule

University of Minnesota - Recreation & Wellness Center, Floor 4

April 20, 2024 | 10 a.m. - 3 p.m.

Time	MAC Gym 2	MP7	MP6
10:00 a.m.	Doors open! Additional organizations can be found on Floor 2.		
10:15 a.m.	Find yourself in the game: Adaptive Tennis Jon Rydberg, Paralympian & United States Tennis Association		*The importance of community Marina Z. Nakhla, Pd.D Candidate in Clinical Psychology, presented by Hanger Clinic
10:30 a.m.			
11 a.m.	Dance and get your move on! Young Dance	Discover Seated Adaptive Yoga Mind Body Solutions	
11:30 a.m.		Cardio Drumming Courage Kenny Rehabilitation Institute, Aquatics & Fitness	
12 p.m.	Batter Up: Introduction to Adaptive Softball Courage Kenny Rehabilitation Institute, Sports & Recreation & Minnesota Twins		*Journey to Sports: Empowering Independence Hosted by Coloplast Panelists include: Jon Rydberg - Paralympian Tyler Gunnarson - Team USA U20 Track and Field Athlete Kate Aquila - Advocate Ian Lynch - Paralympian
12:30 p.m.			
1 p.m.	Roll with us: Wheelchair Basketball Courage Kenny Rehabilitation Institute, Sports & Recreation	The power of the Creative Arts Upstream Arts	
1:30 p.m.		Inclusion Revolution Special Olympics Minnesota	
2 p.m.	US Power Soccer Scrimmage and Athlete Meet & Greet Courage Kenny Rehabilitation Institute, Sports & Recreation, United States Power Soccer Association	*Equipment, Grants, Travel and more! UnitedHealthcare Children's Foundation & CKRI Sports & Recreation	*Outdoor Recreation and Adventure Panel Discussion Hosted by Wilderness Inquiry
2:30 p.m. - 3 p.m.			