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Thoracic Oncology- a primer

Dimensions in Oncology Allina Health

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Objectives

- Understand causes of and prevention of lung cancer
- Understand State of Lung Cancer
- Understand Model of Care
- Understand above in context of care delivered at Allina

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Causes of lung cancer

- Over 80% of lung cancer is related to smoking cigarette
 - Entirely preventable
- Others-
 - Radon
 - Asbestos
 - Air pollution
 - Occupational exposure
 - Somatic mutations
 - Family history of lung cancer

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2021 WHO Classification of Thoracic Malignant Epithelial Tumors and **Precursors**

2021 WHO classification of thoracic malignant epithelial tumors and precursors^[1] Precursor glandular lesions Sarcomatoid carcinomas

Adenocarcinoma in situ

- Pleomorphic carcinoma Giant cell carcinoma
 Spindle cell carcinoma
- Pulmonary blastoma

Thoracic SMARCA4-deficient undifferentiated tumor

 Carcinosarcoma Other epithelial tumors

NUT carcinoma

Minimally invasive adenocarcinoma

Atypical adenomatous hyperplasia

 Adenocarcinoma in situ, non-mucinous Adenocarcinoma in situ, mucinous

- Minimally invasive adenocarcinoma, non-mucinous Minimally invasive adenocarcinoma, mucinous
- Invasive non-mucinous adenocarcinoma
- Lepidic adenocarcinoma
- Acinar adenocarcinoma
- Papillary adenocarcinoma
- Micropapillary adenocarcinoma
- Solid adenocarcinoma Invasive mucinous adenocarcinoma
- Mixed invasive mucinous and non-mucinous adenocarcinoma
- Colloid adenocarcinoma Fetal adenocarcinoma
- Adenocarcinoma, enteric-type
- Adenocarcinoma, NOS

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2021 WHO Classification of Thoracic Malignant Epithelial Tumors and **Precursors** Squamous precursor lesions Salivary gland-type tumors Squamous cell carcinoma in situ Adenoid cystic carcinoma · Mild squamous dysplasia · Epithelial-myoepithelial carcinoma · Moderate squamous dysplasia Mucoepidermoid carcinoma · Severe squamous dysplasia Hyalinizing clear cell carcinoma Myoepithelial carcinoma Squamous cell carcinomas Lung neuroendocrine neoplasms · Squamous cell carcinoma, NOS Precursor lesion Squamous cell carcinoma, keratinizing Diffuse idiopathic neuroendocrine cell hyperplasia Squamous cell carcinoma, non-keratinizing Basaloid squamous cell carcinoma Lymphoepithelial carcinoma Large cell carcinomas Neuroendocrine tumors Large cell carcinoma Carcinoid tumor, NOS/neuroendocrine tumor, NOS Typical carcinoid/neuroendocrine tumor, grade 1 Atypical carcinoid/neuroendocrine tumor, grade 2 Adenosquamous carcinomas Neuroendocrine carcinomas Adenosquamous carcinoma Small cell carcinoma · Combined small cell carcinoma · Large cell neuroendocrine carcinoma · Combined large cell neuroendocrine carcinoma Allina Health %

IASLC Lung Cancer Staging Project 2016 TNM 8th edition 2018

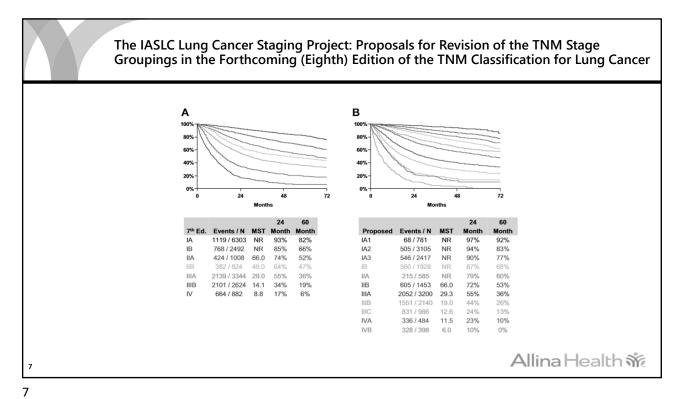
- Retrospective database of IASLC
 - 94,708 evaluable patients diagnosed with lung cancer 1990-2010
 - 77,106 included in analysis
 - 35 sources, 16 countries
 - Europe 49%, Asia 44%, North America 5%
 - $-~~8^{th}$ edition published 2016, implemented in 2018
 - Descriptors T, N, M
 - Taxonomic refinement, therapy based on clinical trials
- More stages for better prognostic stratification
- Staging modalities-
 - CT chest and FDG PET
 - Bronchoscopy with EBUS FNA of mediastinal lymph nodes
 - CT or US guided biopsy of thoracic or extra thoracic abn
 - CNS imaging (CT or MRI brain)
- Goal- diagnose, stage and obtain enough tissue for molecular markers

T/M	Label	N0	N1	N2	N3
Tl	Tla≤I	IA1	IIB	IIIA	IIIB
	T1b >1-2	IA2	IIB	IIIA	
	T1c >2-3	IA3	IIB	IIIA	IIIB
T2	T2a Cent, Yisc Pl	IB	IIB	IIIA	IIIB
	T2a >3-4		IIB	IIIA	
	T2b >4-5	IIA	IIB	IIIA	IIIB
T3	T3 >5-7	IIB	IIIA	IIIB	IIIC
	T3 Inv	IIB	IIIA		IIIC
	T3 Satell	IIB	IIIA		IIIC
T4	T4 >7	IIIA	IIIA		IIIC
	T4 Inv	IIIA	IIIA		IIIC
	T4 Ipsi Nod	IIIA	IIIA		IIIC
Ml	Mla Contr Nod	IVA	IVA	IVA	IVA
	M1aPI Dissem	IVA	IVA	IVA	IVA
	M1b Single	IVA	IVA	IVA	IVA
	M1c Multi	IVB	IVB	IVB	IVB

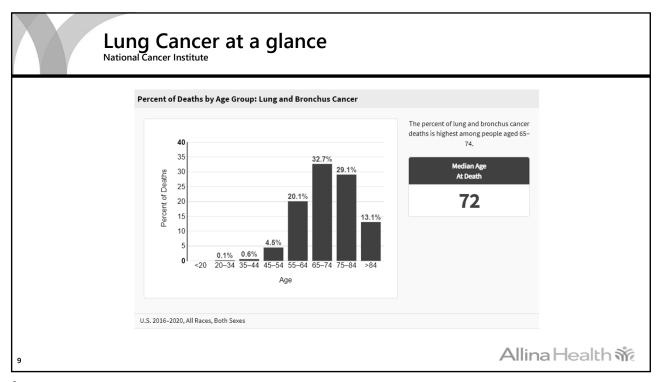
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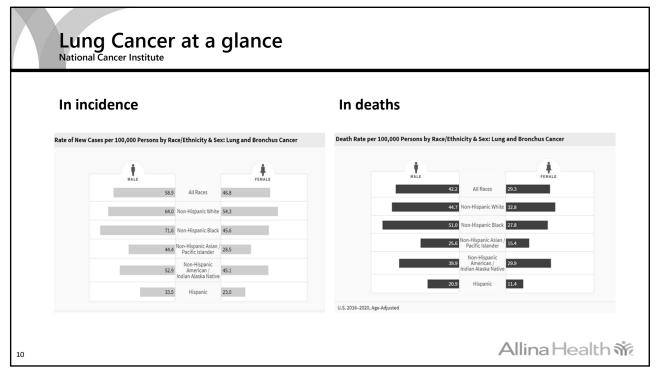
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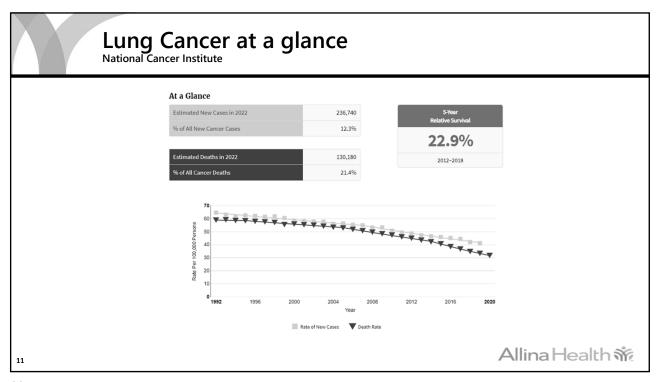


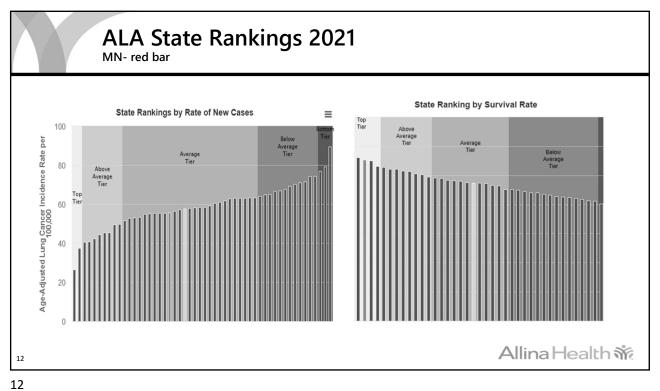
Lung Cancer at a glance National Cancer Institute How Common Is This Cancer? Compared to other cancers, lung and bronchus cancer is fairly common ■ Regional (22%) Spread to Region Lung and bronchus cancer represents Common Types of Cancer Deaths 2022 Cases 2022 34,500 2. Prostate Cancer 268,490 3. Lung and Bronchus Cance 130,180 4. Colorectal Cancer 151.030 52,580 17,100 6. Bladder Cancer 81,180 7. Non-Hodgkin Lymphoma 8. Kidney and Renal Pelvis Cancer 79,000 13,920 12,550 10. Pancreatic Cancer 62,210 49,830 In 2022, it is estimated that there will be 236,740 new cases of lung and bronchus cancer and an estimated 130,180 people will die of this Allina Health 爺 8





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Allina Data wrt numbers

	Mercy	UTD	ANW	Total
2019	211	148	236	595
2020	163	144	214	521
2021	135	127	127	433
Total	509	419	591	

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Allina Data wrt Stage at Diagnosis

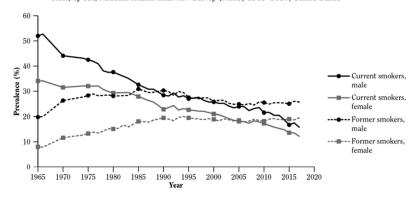
1		2019						
2		Stg 1	Stg 2	Stg 3	Stg 4	Unknown	Totals	
3	Mercy	82	13	29	71	16	211	
4	UTD	67	15	14	36	16	148	
5	ANW	105	14	28	74	15	236	
6	Totals	254	42	71	181	47	595	
7								
8		2020						
9		Stg 1	Stg 2	Stg 3	Stg 4	Unknown	Totals	
10	Mercy	52	15	17	64	15	163	
11	UTD	57	12	18	27	30	144	
12	ANW	88	9	26	71	20	214	
13	Totals	197	36	61	162	65	521	
14								
15		2021						
16		Stg 1	Stg 2	Stg 3	Stg 4	Unknown	Totals	
17	Mercy	48	5	21	45	16	135	
18	UTD	57	8	10	31	21	127	
19	ANW	56	7	27	36	15	141	
20	Totals	161	20	50	112	52	402	

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2020 Report

Figure ES.1 Trends in prevalence (%) of current and former cigarette smoking among adults 18 years of age and older, by sex; National Health Interview Survey (NHIS) 1965–2017; United States



Source: NHIS, National Center for Health Statistics, public use data, 1965–2017.

Note: From 1965 to 2017, data were reported for the following years: 1965, 1966, 1970, 1974, 1976–1980, 1983, 1985, 1987, 1988, 1990–1995, and 1997–2017.

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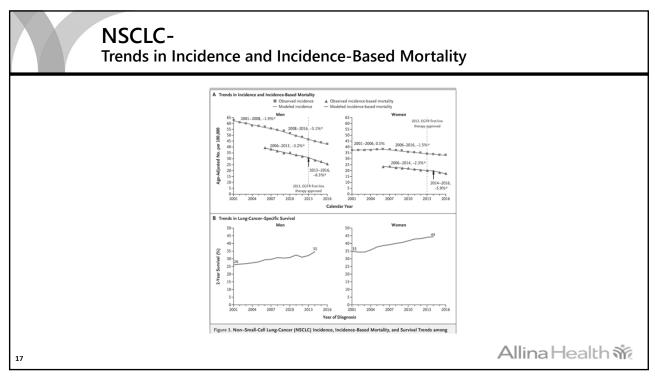
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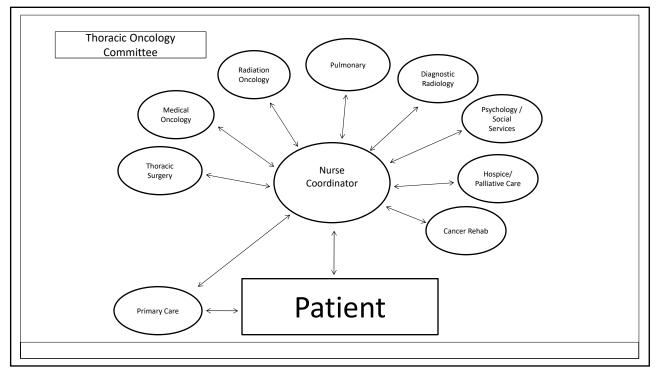
The Effect of Advances in Lung-Cancer Treatment on Population Mortality. Howlander et al. NEJM 2020;383:640-9

- Describe trends in mortality amongst patients with different subtypes of lung cancer in the context of changing incidence and survival patterns in the US general population
 - NSCLC-
 - Mortality decreased faster than incidence
 - Decrease associated with improvement in survival over time that corresponded to the timing of approval of targeted therapy
 - · Noted both amongst men and women, across all races and ethnic groups
 - SCLC-
 - · Mortality decrease related almost entirely to declining incidence with no improvement in survival
 - · Correlates with limited advances in the time frame examined

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Thoracic Oncology Program Committee 2020 -reports to Allina Safety, Quality and Accreditation Committee

- COVID 19 pandemic and patient care
- · Creation of Allina Health Cancer Institute
- Communication
- In house NGS with ongoing iterations (TAT, panel size, ADAURA)
- · Guidelines for Mediastinal Staging
- · Management of pulmonary nodules- risk stratification and Nodify XL (ongoing)
- Lung Cancer Screening (ongoing)
- STS Harvest summary
- Curt Anderson published in Lancet- "Patient perspectives- Reducing stigma around smoking would encourage more early lung cancer screening"
- Guidelines for CNS Imaging Guidelines updated
- Guidelines re Adequacy of Specimen reviewed and update deferred
- Discussion of Research Trials
- Discussion re surgical approaches
- Discussion re role of liquid biopsy
- Review of quality data Stage 3/N2 disease
- Care coordinators transitioned to Nurse navigators
- Administrative- Sharepoint, Microsoft Teams

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Thoracic Oncology Program Committee 2020 -reports to Allina Safety, Quality and Accreditation Committee

- Incorporation of HRO training
- State of Lung Cancer Report 2020
- Lung Cancer Screening and Tobacco Cessation
- Management of pleural catheters
- Evaluation of pulm nodules- risk calculators, proteomics, robotic biopsy platforms
- Pathology- NGS update and follow of MPE volumes, in house PDL1 testing, role of Liquid biopsy, reflex testing of surgical specimens based on ADAURA and IMPOWER 010 Trials
- Lung cancer clinical trials update
- STS database
- Consensus Guideline Review Stage 1
- PRECISION medicine
- Role of Genetics in lung cancer
- Breath of Hope

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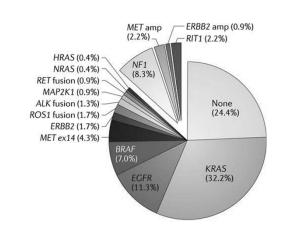
Management

- NSCCA
 - Depends on type, stage, lung function and general health/comorbidities
 - Combination of surgery, chemotherapy, radiotherapy, immunotherapy
 - neoadjuvant and adjuvant settings
 - Era of precision medicine
 - Era of minimally invasive and lung sparing surgeries
- Small cell cancer-
 - Chemo, radiation, immunotherapy
- Management of adverse effects/complications
- Management of malignant pleural effusion

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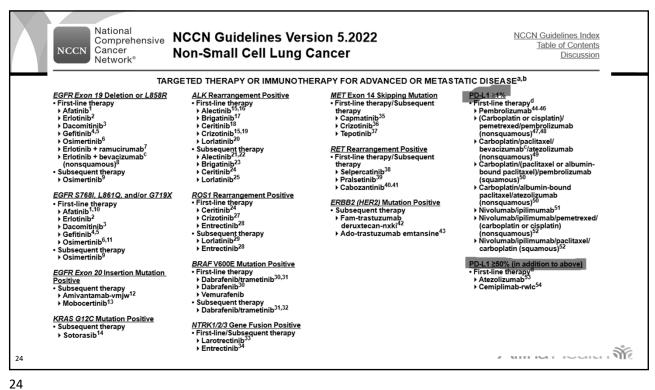
Approaching the Target... Copy That!!

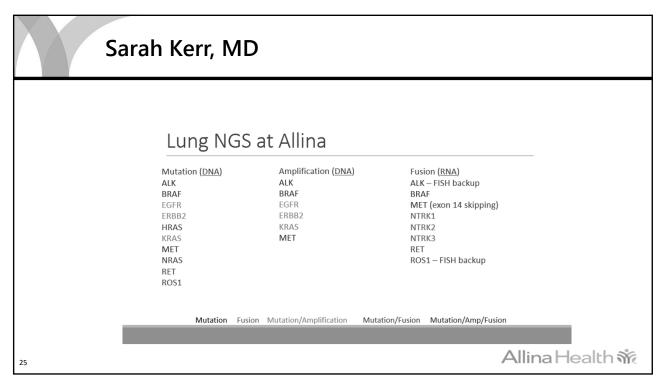


Breakthrough treatments for lung cancer and melanoma have driven down cancer mortality overall from 2016 to 2017, the largest ever decline: 2.2 percent; *The New York Times*

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Lung Cancer Screening

Reduced Lung-Cancer Mortality with Low-Dose Computed Tomographic Screening (NLST) Aberle et al. NEJM 2011;365:395-409

- · Prospective randomized trial
- 53,454 individuals at high risk
- 1:1 randomization LDCT and CXR detection of pulmonary nodules
- 3 annual screens- T0, T1, T2
- Criteria-
 - 55-74 years old
 - >=30 pack year history of smokingactive smokers or quit within 15 years
- Screening adherence 90%
- Primary endpoint- lung cancer mortality
 - Relative reduction in mortality from lung cancer with LDCT 20%
- Rate of death from any cause was reduced by 6.7%
- Of note- no defined management algorithm
- Blacks 4.4%
- NNS 1:320

Reduced Lung-Cancer Mortality with Volume CT Screening in a Randomized Trial. NELSON TRIAL Koning et al. DOI: 10.1056/NEJMoa1911793

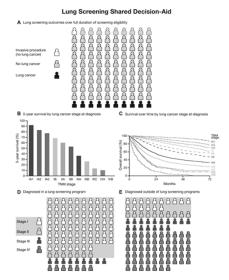
- · Prospective randomized trial
- 13,105 men, 2595 women at high risk
- 1:1 randomization LDCT vs no screening
- 4 screens- T0, T1, T3 and T5.5 years, follow up for 11 years
- Volume and Volume Doubling Times
- Criteria-
 - 55-74 yo
 - >10 cigs/d for 30 years, >15 cigs/d for 25 years
 - active smokers or quit within 10 years
- Screening adherence 90%
- Primary endpoint- lung cancer mortality
 - Relative reduction in mortality of 26% in men and higher yet in women
- · Percentage of patients with positive tests-
 - NELSON 2.1% (PPV 43.5%)
 - NLST 24% (PPV 3.8%)
- · Lower stage and mainly surgical treatment

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Lung Screening Benefits and Challenges: A Review of The Data and Outline for Implementation.

Sands et al. J Thorac Oncol 2021;16(1):37-53



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USPSTF Recommendation Statement

JAMA. 2021;325(10):962-970. doi:10.1001/jama.2021.1117

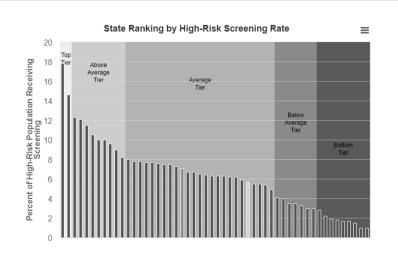
- Age 50-80 years and
- 20 pack year history of smoking and
- Currently smoke or have quit within the past 15 years
- To be discontinued if once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung surgery
- It is a Grade B recommendation- moderate certainty of moderate benefit in high risk patients
 - High quality screen
- CMS Decision Memo 2022

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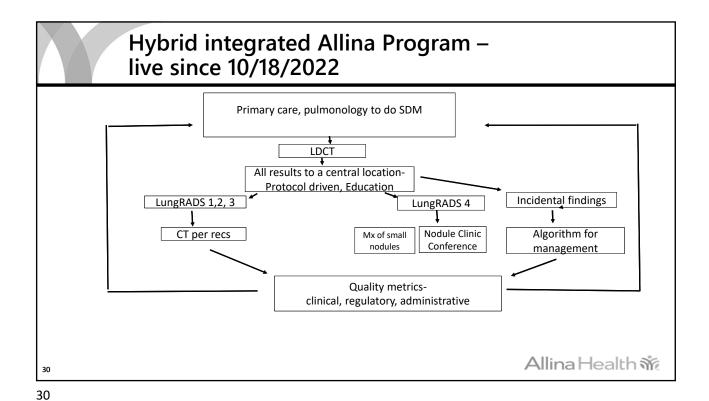
ALA State Rankings 2021

MN- red bar



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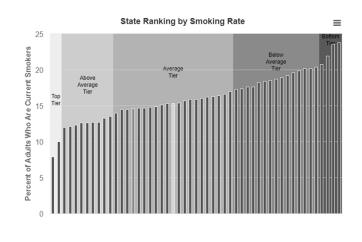


2020 Report Figure ES.1 Trends in prevalence (%) of current and former cigarette smoking among adults 18 years of age and older, by sex; National Health Interview Survey (NHIS) 1965–2017; United States 50 Current smokers, male Current smokers, female - Former smokers, male - Former smokers, female 1970 1975 1980 2000 2005 2010 2015 2020 1985 1990 1 Year 1995 Source: NHIS, National Center for Health Statistics, public use data, 1965–2017.

Note: From 1965 to 2017, data were reported for the following years: 1965, 1966, 1970, 1974, 1976–1980, 1983, 1985, 1987, 1988, 1990-1995, and 1997-2017. Allina Health 爺 31

ALA State Rankings 2021

MN- red bar



- Within Allina-
 - In association with LCS
 - In those diagnosed and treated for lung cancer
 - In those newly diagnosed with lung cancer
 - Ideally- should be part of cancer care for all patients

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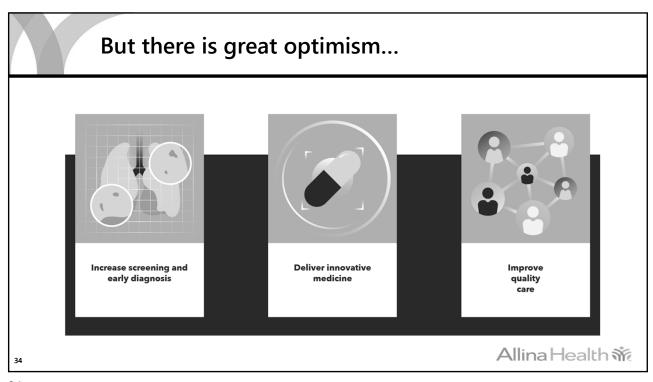
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In summary

- The vast majority of lung cancer is caused by smoking cigarettes and is entirely preventable
- LCS using LDCT is a USPSTF 2021 Grade B recommendation and will continue to evolve with time
- Tobacco cessation in context of LCS provides an additive benefit
- Evaluation and management of lung cancer requires a comprehensive multidisciplinary approach with attention to detail along the continuum
- The 5 year survival remains dismal at 22%

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2018 Jan 15;197(2):172-182. **References**

- https://www.cancer.gov/
- The Effect of Advances in Lung-Cancer Treatment on Population Mortality. Howlander et al. NEJM 2020;383:640-9
- https://www.lung.org/research/state-of-lung-cancer
- Reduced Lung-Cancer Mortality with Low-Dose Computed Tomographic Screening (NLST)
 Aberle et al. NEJM 2011;365:395-409
- Reduced Lung-Cancer Mortality with Volume CT Screening in a Randomized Trial. Koenig et al. NEJM 2020; 382:503-513
- Potential Impact of Cessation Interventions at the Point of Lung Cancer Screening on Lung Cancer and Overall Mortality in the United States.
 Cao et al. JTO 2020;15(7):1160-69
- Smoking Cessation After a Cancer Diagnosis Is Associated With Improved Survival. JTO 2020;15(5):705-708
- Lung Cancer Screening and Smoking Cessation Clinical Trials. SCALE (Smoking Cessation within the Context of Lung Cancer Screening)
 Collaboration. Joseph et al. AJRCCM 2018 Jan 15;197(2):172-182
- https://www.nccn.org/
- Management of Malignant Pleural Effusions. An Official ATS/STS/STR Clinical Practice Guideline. Feller-Kopman DJ et al. AJRCC 196:7:839-849

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