

#### **Disclosure**

• I have no conflicts of interest in relation to this program or presentation.



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### **Objectives**

- Define cancer and associated terminology
- Review how cancer occurs and summarize cancer risk factors
- Recognize red flags of hereditary cancer syndromes and which patients should consider hereditary cancer genetic testing



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# History of Cancer

- Imhotep (2625 BCE)
  - Egyptian physician
  - · "bulging mass in the breast"
  - · Therapy: "there is none"
- Atossa (440 BCE)
  - · Queen of Persia
  - Bleeding lump in breast
  - · Greek slave removed the tumor
- Chiribaya tribe (700 CE)
  - · Atacama desert in Peru
  - "Bulbous mass" in upper left arm



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### Cancer Background

- Definition
  - "Cancer is a disease in which some of the body's cells grow uncontrollably and spread to other parts of the body"- National Cancer Institute
- Two main categories
  - Hematologic cancer
  - Solid tumor cancer
- Not a single condition, but actually 100s of different diseases

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#### **Cancer Incidence**

- According to the American Cancer Society, the estimated number of new cancer cases in 2022 will be 1,918,030 in the US and 35,130 in MN
  - #1 most common- breast cancer
  - #2 most common- prostate cancer
  - #3 most common- lung cancer
- Lifetime risk of cancer: ~40% for males and ~38% for females (based on 2016-2018 data)
- Median age of diagnosis: age 66

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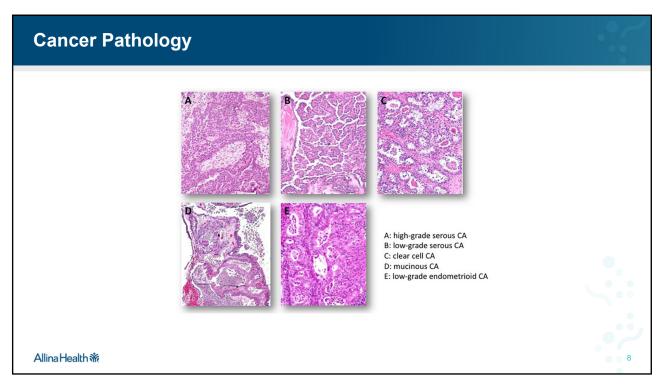
#### **Cancer Terminology**

- Tumor: a mass of tissue that results from abnormal cell growth and division
  - Benign- not cancerous, cells don't spread to other areas of the body
  - Malignant- cancerous, cells will invade or spread to other areas of the body
- Carcinoma: cancer that begins in the skin or tissues that line internal organs
- Sarcoma: cancer that begins in the bone or connective tissue
- In situ: "in the original place", no penetration of the basement membrane

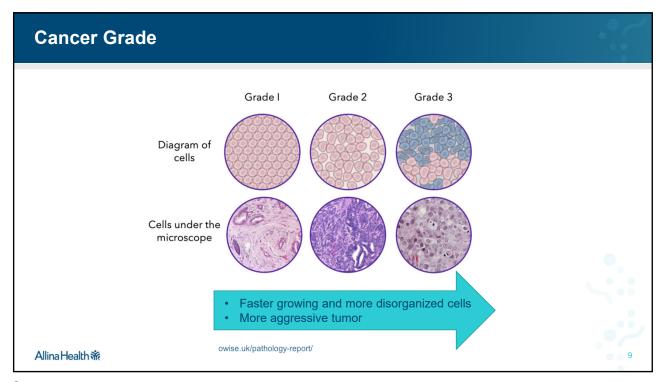
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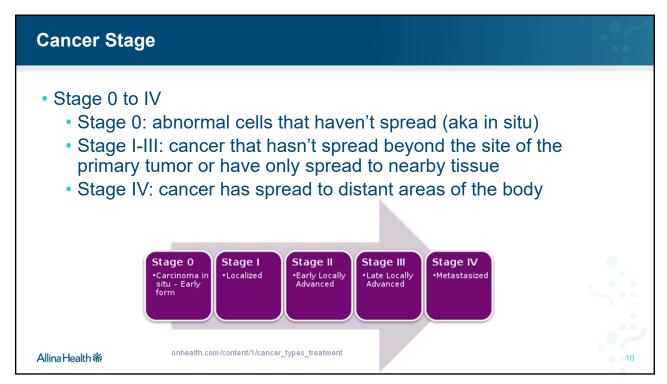
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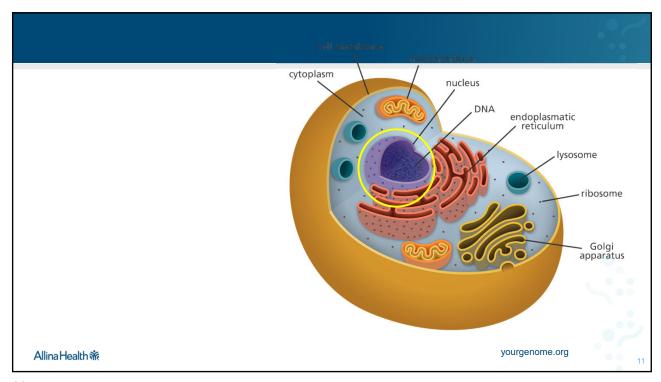


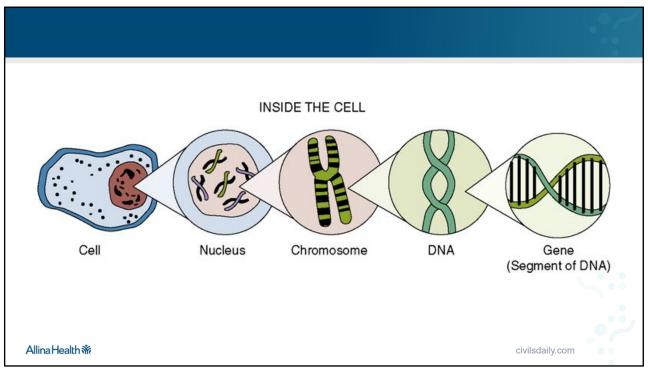
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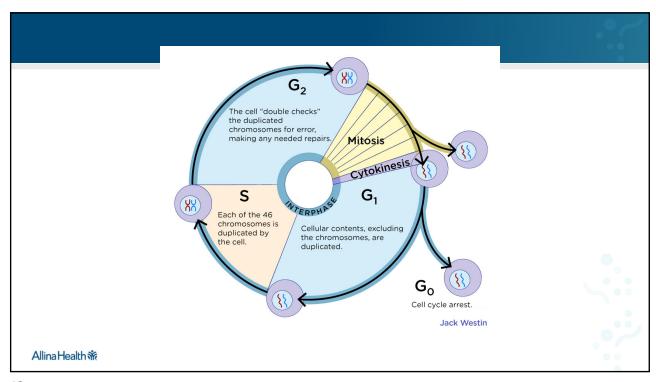


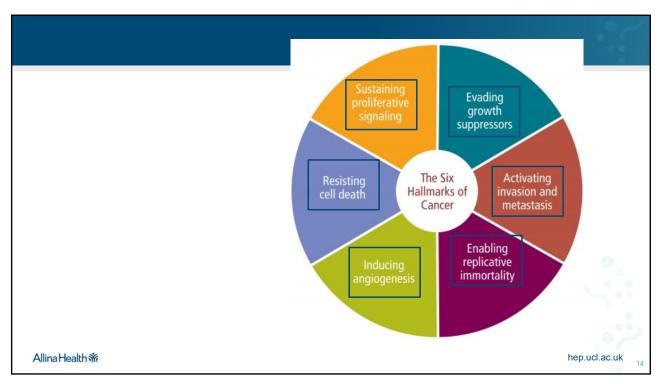
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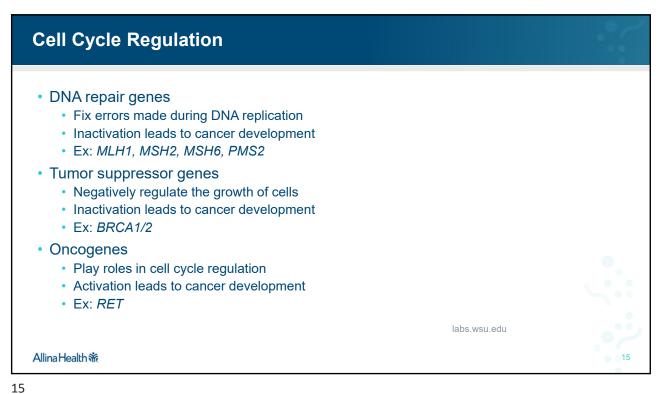


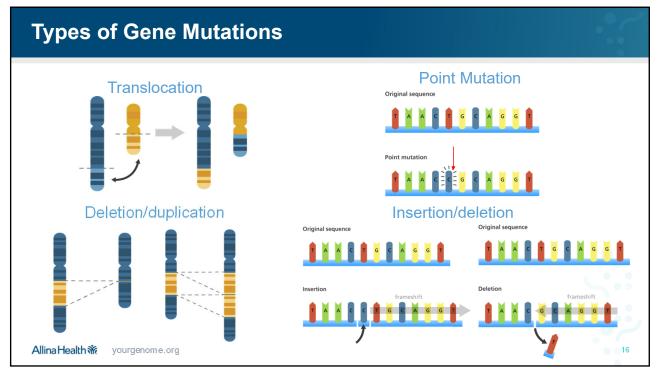
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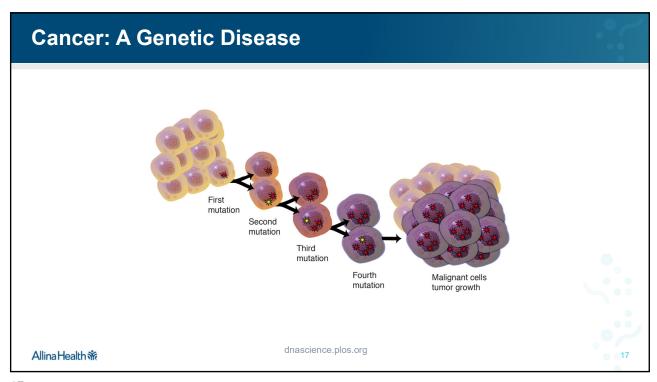




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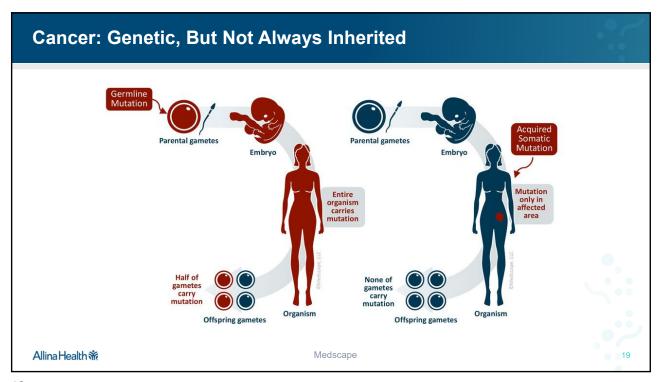


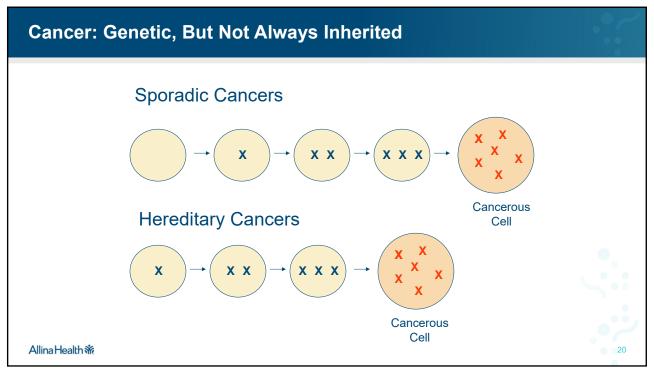






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## **Cancer: Genetic, But Not Always Inherited**

	Germline mutations	Somatic mutations
•	Occur initially in the egg or sperm	<ul> <li>Occur in non-germline cells (ex: breast, colon, lung, etc.)</li> </ul>
•	Are inherited	Not inherited
•	Mutation is present in all cells of the body	• Mutation is only present in some cells in the body
•	~5-10% of all cancers are hereditary	• ~90-95% of all cancers are sporadic

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