

Health Care Directive classes Faribault and Owatonna



Conversations that Matter

Advance Care Planning includes thinking about what's important to you, talking with those who matter to you, and writing down your wishes for health care and treatment in a health care directive.

Attend these **FREE** classes to learn:

- why advance care planning is always important and not just for end-of-life care planning
- how to identify your health care agent and have an open conversation
- the benefit of providing guidance for your health care choices and decisions through a health care directive
- what is needed for a valid health care directive
- where to file your completed health care directive and who should have a copy

Honoring Choices of Faribault and Owatonna is generously supported by our community to elevate the conversation about advance care planning.

Our sponsors include:

Allina Health Owatonna Hospital Foundation
Allina Health Hospice Foundation (Owatonna)
Faribault Area Hospice Foundation

Virtual Class Schedule March 2021

Class 1: Introduction to Advance Care Planning & Your Health Care Agent

Monday, March 1
12 – 1 pm

Wednesday, March 3
9 – 10 am

Tuesday, March 9
4 – 5 pm

Tuesday, March 16
7 – 8 am

Thursday, March 18
10 – 11 am

Tuesday, March 23
5 – 6 pm

Class 2: Completing your Health Care Directive

Thursday, March 4
7 – 8 am

Monday, March 8
12 – 1 pm

Wednesday, March 10
4 – 5 pm

Wednesday, March 17
9 – 10 am

Monday, March 22
12 – 1 pm

Tuesday, March 30
5 – 6 pm

Attending both classes is recommended.

Registration is required for these **FREE** classes.
Call **507-977-2330** or email
honoringchoices@allina.com

Email or follow us on Facebook for future class announcements.

Telephone consultation is also available. Call to learn more.

honoringchoices@allina.com | 507-977-2330
allinahealth.org/honoring-choices
honoringchoices.org

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