

Health Care Directive classes in Faribault and Owatonna



Conversations that Matter

Advance Care Planning includes thinking about what's important to you, talking with those who matter to you, and writing down your wishes for health care and treatment in a health care directive.

Attend these **FREE** classes to learn:

- why advance care planning is always important and not just for end-of-life care planning
- how to identify your health care agent and have an open conversation
- the benefit of providing guidance for your health care choices and decisions through a health care directive
- what is needed for a valid health care directive
- where to file your completed health care directive and who should have a copy

Honoring Choices of Faribault and Owatonna is generously supported by our community to elevate the conversation about advance care planning.

Our sponsors include:

Allina Health Owatonna Hospital Foundation
Faribault Area Hospice Foundation
Federated Insurance

Virtual Class Schedule January 2021

Class 1: Introduction to Advance Care Planning

Tuesday, January 5
9 – 10 am

Thursday, January 7
12 – 1 pm

Monday, January 11
5 – 6 pm

Monday, January 18
9 – 10 am

Wednesday, January 20
7 – 8 am

Tuesday, January 26
5 – 6 pm

Class 2: Completing your Health Care Directive

Tuesday, January 12
12 – 1 pm

Wednesday, January 13
7 – 8 am

Monday, January 18
1 – 2 pm

Thursday, January 21
9 – 10 am

Wednesday, January 27
12 – 1 pm

Thursday, January 28
7 – 8 am

Completing both classes is recommended. Email or follow us on Facebook for future class announcements.

Registration is required for these **FREE** classes. Call **507-977-2330** or email honoringchoices@allina.com

Telephone consultation is also available. Call to learn more.

honoringchoices@allina.com | 507-977-2330
allinahealth.org/honoring-choices
honoringchoices.org

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