

Addiction Interventions

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Introductions

- ▶ Beau Elkington
 - ▶ Interim Manager, Addiction Services
 - ▶ Oversees Inpatient MICD Treatment Center at Unity Hospital and Outpatient CD and MICD Treatment at Unity- Lyric Building
- ▶ Katherine Anschutz
 - ▶ Lead LADC for System Comprehensive Assessment Service
 - ▶ Oversees Assessment Teams at Unity, Mercy, United, Abbott Northwestern, St. Francis, and Regina Hospitals

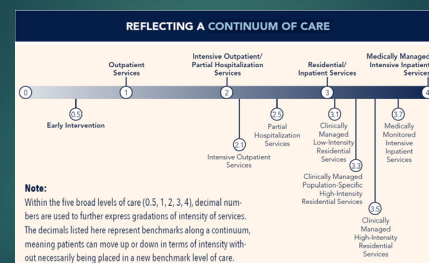
Guiding Questions

- ▶ What are immediate interventions for substance abuse that can be implemented in an ambulatory setting?
- ▶ What referrals are available for patients in crisis with concurrent substance use concerns?

Intro to Substance Use Field

- ▶ Levels of care
 - ▶ Inpatient, Hospital-Based
 - ▶ Residential CD and MICD
 - ▶ Intensive Outpatient (few provide lodging)
 - ▶ Outpatient
 - ▶ Service Coordination
- ▶ What differentiates levels of care?
 - ▶ In short, location and hours of programming
- ▶ DHS licensed facilities under MN Statute 245G
- ▶ **All** treatment referrals require a Comprehensive Assessment or a Rule 25 Assessment to access treatment services
 - ▶ Assessments are completed by LADCs

Levels of Care



Allina Addiction Services

- ▶ History of Addiction Services at Allina
- ▶ 2E Past and Current State
 - ▶ Detox/Stabilization > High Intensity Inpatient MICD > Stabilization MICD
 - ▶ Patients must be 18 or older
- ▶ Unity- Lyric Building
 - ▶ Outpatient Intensive CD and MICD Treatment, Service Coordination
 - ▶ New Level 1.0 Outpatient as of October 2020
 - ▶ Patients must be 18 or older
- ▶ New Ulm Services
 - ▶ Residential CD Treatment, Outpatient Intensive CD Treatment
 - ▶ Patients must be 18 or older
- ▶ Cambridge Services
 - ▶ Outpatient Intensive CD and MICD Treatment, Service Coordination
 - ▶ Adult and Adolescent Services Available
- ▶ Comprehensive Assessment Team

Immediate Intervention Strategies

- ▶ Screening tools
 - ▶ CAGE Screener- CAGEQUES in Excellian
 - ▶ Screening Script:
 - ▶ Is the patient interested in making changes with their substance use?
 - ▶ Are they interested in meeting with a substance use counselor to discuss making these changes?
- ▶ Stages of Change
 - ▶ Patients may present in pre-contemplative or contemplative stages of change.
 - ▶ Though patients may not seem overtly interested in making changes, your interaction can plant a powerful seed that help is available.
 - ▶ Addiction continues to have much stigma attached, your interaction can help normalize seeking assistance for substance use concerns.
- ▶ Motivational interviewing
- ▶ Provide resources

Immediate Intervention Referral

- ▶ Send patient to ED for inpatient medical/psychiatric stabilization
- ▶ Outpatient Comprehensive Assessments
 - ▶ Unity: 763-236-4373
 - ▶ Cambridge: 763-688-8221
 - ▶ New Ulm: 507-217-5199
- ▶ Important note:
 - ▶ Outpatient assessments require a commercial or PMAP plan
 - ▶ Medicare/MR Plans/Medicaid/Hennepin Health/No insurance will require a referral to patient's county of residence to determine Rule 25 eligibility
 - ▶ Cannot support Rule 25 assessments in outpatient setting at this time

Resources

- ▶ SMARTworks materials:
 - ▶ Allina Addiction Services brochure (\$411019A)
 - ▶ Cambridge Addiction Outpatient Services fact sheet (\$415927)
 - ▶ Co-occurring Mental Disorders and Substance Use Disorders fact sheet (15339)
 - ▶ Co-occurring Mental Disorders and Substance Use Disorders brochure (35338)
 - ▶ Diseases and Viruses Spread Through Sharing Needles of Syringes (18600)
 - ▶ Prescription Drugs: Abuse and Addiction education packet (95284)
 - ▶ Emergency & Crisis Referral Numbers (\$411580)
 - ▶ Allina Mental Health Referral Directory (\$410860)
 - ▶ Deep Breathing- Patient education tip sheet (14888)

Questions?

References

- ▶ ASAM Continuum | ASAM Criteria Decision Engine. 2020. *What Are The ASAM Levels Of Care?*. [online] Available at: <<https://www.asamcontinuum.org/knowledgebase/what-are-the-asam-levels-of-care/>> [Accessed 27 October 2020].