

Time	Topic	PPT#	Speaker(s)
6:45 – 7:15 am	Check-in, Breakfast and Exhibits		
7:15 – 7:30 (15)	Opening Remarks and Introduction		Robby Bershow, MD, CAQ
THE AT-RISK ATHLETE Moderator: Robby Bershow, MD, CAQ			
7:30 – 8:35 (65)	1. Depression in Athletes (20) 2. Substance Use in Athletes (15) 3. Youth Sport Specialization (15) Question & Answer Panel (15)		Sonia Mosch, PhD, ABPP-CN Cody Adams, MA Heather Bergeson, MD, CAQ
ORTHOPEDIC UPDATE OF THE HIP Moderator: Ryan Fader, MD			
8:35 – 9:35 (60)	4. Hip pain in the Soccer Athlete: When, and how, to address hip impingement/labral tears (Hip impingement in Soccer) (20) 5. In Season Management of Symptomatic FAI (20) 6. Extra-articular Hip Pathology & Peds Hip Injuries (15) Question & Answer Panel (10)		Ryan Fader, MD  Paul Solie, MPT Robby Bershow, MD, CAQ
9:40 – 9:55	15 Minute Break & Exhibits		
EVIDENCE-BASED TREATMENT: NON-OPERATIVE OPTION FOR INJURIES Moderator: Trent Christensen, MD, CAQ			
9:55 – 11:05 (70)	7. Update on the Evidence for Modalities (15) 8. Blood Flow Restriction: The Science and Evidence (10) 9. Orthobiologics & Minimally Invasive Tenotomy (15) 10. Case Discussion (15) Question & Answer Panel (10)		Linsey Hamilton, DPT Sarah Hayes, DPT, ATC Trent Christensen, MD, CAQ
SOCCER HOT TOPICS Moderator: Joe Bellamy, MD			
11:05–12:10pm (65)	11. Current Trends in ACL Management (15) 12. Rehabilitation of the Elite Soccer Athlete (15) 13. Foot/Ankle Issues in Soccer (15) 14. Heat Illness and Heat Stroke 'Best Practices' (15) Question & Answer Panel (10)		Aimee Klapach, MD Julie Eibensteiner PT, DPT, CSCS Joe Bellamy, MD George Chiampas, DO, CAQSM, FACEP
12:10 – 12:50	40 Minute Lunch & Exhibits		
KEYNOTE ADDRESS			
12:50 – 1:40 (50)	15. Player Safety in Soccer		George Chiampas, MD
CONCUSSIONS IN SOCCER Moderator: G. Budd Renier, MD			
1:40 – 2:45 (65)	16. Concussion Protocols Across Levels (20) 17. Vestibular vs Vision Symptoms – When to Refer to PT vs OT? (20) 18. Concussion Panel & Case Discussion (15) Question & Answer Panel (10)		Stacey Hardin, DPT, ATC Kim Grabe, MA, OTR/I Stacey Hardin, DPT, ATC; Kim Grabe, MA, OTR/I; Erin Vesey, DPT; Sonia Mosch, PhD, ABPP-CN
2:45– 3:05	20 Minute Break & Exhibits		
BREAKOUT SESSIONS 1 & 2 Choose 1 lecture to attend in each breakout session			
3:05– 3:55 (50)	19. BFR: Utilization in Athlete Rehabilitation 20. Return to Sport Conditioning in Elite Athletes Stadium Tour (Non-CME/CEU Event)		John Berchem, DPT; Ryan Koepp, DPT, ATR; Jessica Helm, PT Stacey Hardin, DPT, ATC; Julie Eibensteiner PT, DPT, CSCS Allianz Field Tour Guide
5 min walk to the next session			
4:00 – 4:50 (50)	19. Repeat BFR: Utilization in Athlete Rehabilitation 21. Concussion Challenge - Return to Play Stadium Tour (Non-CME/CEU Event)		John Berchem, DPT; Ryan Koepp, DPT, ATR; Jessica Helm, PT Erin Vesey, DPT Allianz Field Tour Guide
4:45 pm	Adjourn – Thanks For Spending your Day with Us!		

470 min – no tour = 7.75 or 420 min – with tour = 7.00

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