

Community Exercise and Speech Classes for LSVT® Big and Loud Graduates



What:

Community exercise and speech classes in a group setting led by therapists certified in LSVT technique. A great way for participants to review exercises, renew their enthusiasm for completing home exercises, interact with others who have completed LSVT, and have some fun!

When:

First Tuesday of each month
Loud (speech therapy) 3 - 4 p.m.
Big (physical therapy) 4 - 5 p.m.

Where:

Courage Kenny Rehabilitation Institute – Abbott Northwestern Hospital. Enter the Courage Kenny Pavilion lobby and take the elevators to the 2nd floor. **Loud** group meets in Coyne Conference Room. **Big** group meets in Physical Therapy Gym.

Who:

Graduates of LSVT Big and/or Loud.

Cost:

\$5 per class.

Registration:

Call 612-863-1924 to register at least one day prior to each class.