

## Community Exercise and Speech Classes for LSVT® Big and Loud Graduates



### What:

Community exercise and speech classes in a group setting led by therapists certified in Lee Silverman Voice Treatment (LSVT®) technique. A great way for participants to review exercises, renew their enthusiasm for completing home exercises, interact with others who have completed LSVT and have some fun!

### When:

First and third Tuesday of each month:

Big (physical therapy) 9-10 a.m.

Loud (speech therapy) 10-11 a.m.

### Where:

Mercy Hospital–Unity Campus lower level, Courage Kenny Rehabilitation Institute.

### Who:

Graduates of LSVT Big and/or Loud.

### Cost:

\$5 per class.

### Registration:

Call 763-236-3000 to register at least one day before your class.