

Community Exercise and Speech Classes for LSVT® Big and Loud Graduates



What:

Community exercise and speech classes in a group setting led by therapists certified in LSVT technique. A great way for participants to review exercises, renew their enthusiasm for completing home exercises, interact with others who have completed LSVT, and have some fun!

When:

First and third Wednesday of each month
Big (physical therapy) 10-11 a.m.
Loud (speech therapy) 11 a.m. – noon.

Where:

Lower level of Mercy Heart & Vascular Center, in the Fitness Center

Who:

Graduates of LSVT Big and/or Loud. Family members of the participants can relax in the hospital's waiting area or coffee shop.

Cost:

\$5 per class. Pay for classes at the front desk of Courage Kenny Rehabilitation Institute prior to attending class.

Questions?

Call 763-236-8910.